

# Enemies of the Heart

## Anger

March 12, 2017

There are only two ways to settle a debt:

1. \_\_\_\_\_ it off.
2. \_\_\_\_\_ the debt.

Anger says, "You \_\_\_\_\_ me."

### Characteristics of Anger:

1. Anger is the result of not \_\_\_\_\_ my way.
2. Anger results from an \_\_\_\_\_ view of yourself.
3. Anger is the result of something being taken \_\_\_\_\_ from me.
4. Anger is the result of not getting what I think I \_\_\_\_\_.
5. Anger results in my \_\_\_\_\_ to

be pleased. Angry people will not let you get it right.

**Common ways anger is dealt with:**

1. \_\_\_\_\_.
2. \_\_\_\_\_.
3. \_\_\_\_\_.

### **Anger: You Owe Me**

**Prescription:** \_\_\_\_\_.

### **Process of Forgiving:**

1. Who am I \_\_\_\_\_?
2. Determine what \_\_\_\_\_.
3. \_\_\_\_\_.
4. \_\_\_\_\_.

It is a \_\_\_\_\_ decision.

**Principle:** \_\_\_\_\_ do not  
\_\_\_\_\_ follow my decision  
to forgive.

**Principle:** \_\_\_\_\_ is not the same  
as \_\_\_\_\_.